

# My Oasis website

## SEND Resource Hub links / plan

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### 1. Autism Resources

#### Autism Advice & Guidance Hub

Link: <https://www.autism.org.uk/advice-and-guidance>

Why include: Comprehensive autism information for parents, carers and professionals.

#### What is Autism?

Link: <https://www.autism.org.uk/advice-and-guidance/what-is-autism>

Why include: Introductory guide for families.

#### Autism and Sensory Processing

Link: <https://www.autism.org.uk/advice-and-guidance/about-autism/sensory-processing>

Why include: Understanding sensory differences.

#### Sensory Differences

Link: <https://www.autism.org.uk/advice-and-guidance/the-spectrum/articles-and-features/sensory-differences>

Why include: Practical sensory information.

#### Accessible Environments

Link: <https://www.autism.org.uk/learn/knowledge-hub/guides-and-resources/accessible-environments>

Why include: Making environments more autism-friendly.

### 2. ADHD Resources

#### ADHD UK

Link: <https://adhduk.co.uk>

Why include: National ADHD support and guidance.

### **Executive Functioning Guide**

Link: <https://www.witherslackgroup.co.uk/advice-and-support/resources/adhd-understanding-executive-functioning/>

Why include: Understanding organisation and planning difficulties.

### **ADHD Classroom Support PDF**

Link: <https://adhdembrace.org/wp-content/uploads/2020/06/2020.06.04-classroom-support-for-adhd-secondary-school-pupils-colin-foley.pdf>

Why include: School-based ADHD strategies.

### **NHS ADHD Information**

Link: <https://www.nhs.uk/conditions/adhd-adults/>

Why include: NHS guidance.

## **3. EHCP & SEND Rights**

### **What is an EHCP?**

Link: <https://wigansendiass.co.uk/what-is-an-education-health-care-plan/>

Why include: Clear explanation of EHCPs.

### **EHCP Resources**

Link: <https://www.sendiass.org/our-resources/ehcp-resources/>

Why include: Practical EHCP support.

### **SENDIASS Resource Library**

Link: <https://www.sendiass.org/our-resources/>

Why include: Wide range of SEND information.

### **Young People's Resources**

Link: <https://wigansendiass.co.uk/young-peoples-resources/>

Why include: Resources aimed directly at young people.

## 4. Sensory Processing

### Autism Toolbox – Sensory Differences

Link: <https://www.autismtoolbox.co.uk/understanding-autism/sensory-differences/>

Why include: Practical sensory support strategies.

### Autism Central – Sensory Differences

Link: <https://www.autismcentral.nhs.uk/guidance/sensory-differences>

Why include: NHS-backed sensory guidance.

### NHS Sensory-Friendly Resource Pack

Link: <https://www.england.nhs.uk/long-read/sensory-friendly-resource-pack/>

Why include: Creating supportive sensory environments.

## 5. Executive Functioning

### Executive Functioning Support for Schools

Link: <https://www.devon.gov.uk/support-schools-settings/ordinarily-available-inclusive-provision/targeted/cognition-and-learning-needs/executive-functioning/print/>

Why include: Classroom strategies and support.

### Executive Function Guide PDF

Link: <https://www.suffolklocaloffer.org.uk/asset-library/Executive-function-final-version.pdf>

Why include: Parent-friendly executive functioning guide.

### Nottinghamshire Executive Function Resource

Link: <https://www.nottinghamshirehealthcare.nhs.uk/ness-executive-function/>

Why include: Links executive functioning with autism and ADHD.

## 6. School Attendance & EBSA

### Not Fine In School

Link: <https://www.notfineinschool.co.uk>

Why include: Support for school avoidance and EBSA.

**Anna Freud Attendance & Wellbeing**

Link: <https://www.annafreud.org>

Why include: Attendance, anxiety and wellbeing support.

**Mentally Healthy Schools**

Link: <https://www.mentallyhealthyschools.org.uk>

Why include: Attendance and emotional wellbeing resources.