

Autism Toolbox Resources Most Relevant to My Oasis Therapeutic Alternative Provision

<https://www.autismtoolbox.co.uk>

1. NAIT Evidence Based Toolkit

- Emotional regulation
- Communication support
- Sensory needs
- Positive relationships
- Reducing distress and anxiety
- Neurodiversity-affirming practice

Potential use at My Oasis:

- Staff training
- Individual support planning
- EHCP target development
- Whole-school autism practice

2. NAIT Safe Space Guidance for Schools

Potential use at My Oasis:

- Calm rooms
- Regulation spaces
- Break-out areas
- Sensory-friendly environments

3. NAIT Anxiety Related Absence Guidance

covers:

- Emotionally based school avoidance
- Reintegration planning
- Attendance support
- Family collaboration
- Trauma-informed approaches

Potential use at My Oasis:

- Attendance intervention plans
- Reintegration pathways
- Parent support meetings

4. NAIT Planning Meetings Guidance for Schools

Potential use;

- EHCP reviews
- Annual reviews
- Team Around the Child meetings
- Multi-agency working
- Parent consultations

5. NAIT Hyperacusis Guidance for Schools

guidance supports staff understanding of:

- Sound sensitivity
- Sensory overload
- Environmental adaptations
- Individual sensory support plans

Potential use;

- Sensory assessments
- Classroom adaptations
- Individual pupil plans

6. Voice Control Symbols

Potential use

- Therapy rooms
- Classroom displays
- Social communication support
- Emotional regulation work

7. Volume Control Chart

Potential use

- Group work
- Nurture sessions
- Therapeutic activities
- Social skills groups

8. Lower and Upper Primary Individual Visual Timetables

Potential use

- Individual learning plans
- Transition support
- Reintegration programmes
- New starter induction

9. Check Your Timetable Cards

Potential use

- Transition between activities
- Executive functioning support
- Personal organisation skills

10. Family Follow-Up Meetings: A Model for Post-Diagnostic Support

Potential use

- Parent workshops
- Family support meetings
- Transition planning
- Strengthening home-school partnerships